

TAG TALK

September, 2019

President's Message

Olívía Ford

## "Let's Blossom Where We're Planted"

Welcome!! to a new year of gardening pleasures, both to our returning members and our new members. Just in case you didn't know, our club has been "blossoming" for 32 years. I am both honored and excited to have the opportunity to lead The Avid Gardeners for the next two years. During that time, I hope that we can continue to reach out to our community to let them know the benefits of belonging to a garden club and show them the good works that we do.

For our new members, we have a "mentor program". The mentors are experienced TAG members who will nurture our new "seedlings" into "growing and blossoming" club members.

For our existing members,

Let's nourish our minds, Let's Stretch our imaginations, Let's Cultivate our old and new friendships!

We look forward to seeing everyone at our first meeting for the 2019-2020 season.

Friday, September 20, 9:30am

**Spring Lake Pavilion** 

**Program:** Container Planting

Speakers: Tim Drake & Carol Guedalia

from The Greenery.

## SEPTEMBER MEETING

Friday, September 20th Spring Lake Pavilion, 9:30 a.m. Tim Drake and Carol Guedalia of the Green-



ery will demonstrate Planting Design Concepts for your fall containers. The Greenery folks always delight with their fun and informative presentations. And, you might pick up an idea or two for your planter donation to our Trash & Treasure fundraiser. Definitely plan to attend our kick-off meeting for the 2019-2020

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Birding......George Westerfield

So, why do our local brown pelicans have such unusual flight patterns that have them sometimes skimming inches above the surf and at other times soaring high overhead in an exaggerated **V** formation. The short answer is that they are smart. The long answer is a bit longer. It is all about patterns of airflow. When skimming inches above the water's surface, airflow over and under their wings provides aerodynamic lift enabling them to spend less energy in maintaining flight. Aerodynamics plays a similar benefit when the birds are soaring overhead in the **V** formation. When one of the forward birds makes an upswing with its wings, a swirl of air provides lift to the following bird, again saving energy. Periodically the front pelican is relieved and replaced by a following bird.

Pelicans are pretty smart aerodynamically and pretty good at helping each other.





First TAG project for the year:

A FALL PLANT SALE Sunday, October 6, 12 noon-3:00 PM

Plantation House Parking Lot during the "Trash and Treasure Sale"

What will we sell?
-Container Plants
-Decorative Containers
-Flower Arrangements
-Fall Blooming Container Plants
(We can get ideas from our Sept. meeting)



Where will we get these?

We will ask each member to donate 1 of these items to sell.\*\* You can dig an extra plant from your yard and put it into a clean pot or choose a houseplant you no longer want for donating.

What will we do with our donations?

On Friday,Oct .4 or Sat.Oct. 5, between 11:00 AM- 3:00 PM you can bring your donation to one of our committee members' houses: Olivia Ford—6 Ribaut Dr.,

Liz VanAlstyne—17 Sentry Oak Ln., Jane Alexander—7 Purple Martin Lane, Dodi Eschenbach —35 Fallen Arrow Dr.

Please label each plant with its common name. Labels will be available at our meeting and the day of the sale.

We will have a Sign-up sheet at our meeting. We will need helpers to work for 1 hour during the sale.\*\*

\*\*This is according to our by-laws which state that each member should participate in some way in our fundraisers.

Looking forward to seeing y'all.







Sandy Stern

It's been a very busy summer at the HHI School for the Creative Arts. In late May, SCAD students were finishing up the construction of a new greenhouse in the school's courtyard by the *Korosi Vegetable & Herb Educational Garden*. (see photo) This required two raised vegetable beds to be relocated away from the entrance to the greenhouse. This was completed in early September with the help of our volunteer, Beth Cooler, her husband and our Jr. Gardeners.

The Jr. Garden Club after school program has been in continuous existence since 2010. It started up once again on Wednesday, Sept. 18, 2019. Three Avid Gardener volunteers, Nadine Korosi, Ann Clayton and Sandy Stern joined school volunteer, Beth Cooler and teacher, Ms. Beth Jackson in planning garden activities for about 12 students in grades 3 - 5. We meet once a week on Wednesday afternoons from 2:30 - 4:00 pm and teach the children all about vegetable gardening, including starting vegetables from seed, composting, weeding, observing growth, harvesting and tasting the fruits of their labors.

This year the greenhouse will come in handy as the students will observe the growth of vegetables such as kale, squash, radishes, and beans, and herbs, such as cilantro, parsley, and basil, and compare those started from seed to store-bought start-up plants.

We all look forward to an active growing season and opportunities for the children to learn from hands-on activities and to develop healthy eating habits.







#### September's

**HEALTHY RECIPES** 

from Anna Broecker

#### BLUEBERRY AND APPLE SALAD

- 1 cup farro (cook according to package directions)
- 1 cup blueberries (frozen, thawed, or fresh)
- 1 can corn, drained
- 2 royal gala apples, chopped
- 1/2 English cucumber, peeled and chopped
- 1/2 red onion, chopped

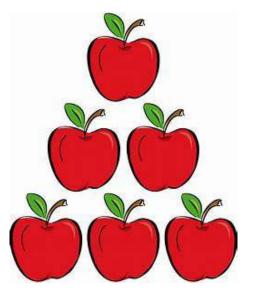
I sometimes add other veggies (bell peppers or chickpeas)

Add together and mix well

#### Dressing

- 1/3 cup olive oil (or 1/4)
- 1/3 cup balsamic vinegar
- 1/4 cup maple syrup or less

1/3 cup grainey old style mustard (Maielle is a brand)



# Membership.....Carol Sevelowitz

This year we are happy to welcome seven new members to our club! Since we lost ten former members for various reasons, our new total currently stands at 65 members. Although it will be my pleasure to introduce them to you at our September meeting, I have asked the new people to send in a brief bio to tell us a little bit about themselves. Introducing some of our "newbies"......

Beth Hommes, 19 Christo Dr.



I moved here with my hus-

band Bill from Delaware two years ago. I was a secondary math/science teacher in private schools for thirty five years. I coached Academic Bowl, Science Olympiad and boys' tennis. I enjoy tennis, reading, needlepoint, and bits of knitting, sewing, and golf. I'm hoping to learn more about plants that could add some color to my landscaping. I won't be at the September meeting as I have to return to Boston but hope to make the October meeting. Lynn Krasiewich, 5 Florencia Ct.

My husband, Dave, and I moved here from Michigan the end of January. We have also lived in Boston, Philadelphia, and CT. We have one daughter, Alea, who is studying interior design at Georgia Southern. I am enjoying golf, walking the beach with our dog and am learning Mah Jongg. We are both having fun figuring out what to plant when here and are excited to have flowers year round!!

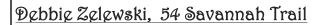
#### <u>Judy Storm, 9 Water Thrush Place</u>

Greetings: My husband Bob and I are from the St Louis area. We transferred to Atlanta for 12 fun yrs. Now we are enjoying HHI for 15 yrs. I love being outdoors, enjoying biking, tennis, walking the beach etc. I enjoyed a diverse nursing career for 43 yrs with a cardiac specialty. Now I'm widening my horizons to Avid Gardeners...Carpe Diem



I am the wife of Ben and the mother of six children and the grandmother of five. I graduated from Hunter College in New York City with a teaching degree. My husband and I have been living in Hilton Head for 21

years. I am a volunteer tutor and have teaching adults through the Literacy of the Low Country for the past 20 years. I enjoy playing golf, reading and cooking.





No photo available

Hi, my husband Bob and I bought before Hurricane Matthew and moved here a little over 2 years ago. I love walking on the beach, working in the yard, spending time with my husband and animals, playing cards and painting. I was an art teacher in Charlotte, NC for 23 years and also pet sat and groomed dogs.

Missing bios for Jill Jensen and Barbara Di Russo. Hope to get to know more about them at Friday's meeting. Please be sure to take some time to greet all of our new members and make them feel welcome!

# Looking Ahead.....

**Our October 18th meeting will be a field trip** to the Three Sisters Organic Farm in the Pinckney Colony Community of Bluffton. There is a limited capacity for sign up so if you are interested, you can send me an email at: tennissue@roadrunner.com and I'll also have a signup sheet available at the September meeting. This is a working farm and there will be a walking tour as part of the event. <u>I strongly suggest that you don't attend this if</u> <u>you are allergic to insects bites</u>; there are bees, wasps and ants around. More information will be provided at the September meeting and in the October TAG Talk, so stay tuned!

Christine Thumm



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